### HALEY CHIROPRACTIC CLINIC 1919 NO. PEARL ST. #A4

**TACOMA**, WA 98406

### **CONFIDENTIAL PATIENT HISTORY**

Name			Today	's Da	ite:		
		Cell phone provider:					
Email Address:		Tex	t Messa	ge R	eminder 🛛	<u>OR</u>	Email Reminder
Address			_City		State		Zip
Marital Status: S M W	D SSN#				Date of Bir	th	
Employer		Wor	k #		к <sup>. 16</sup>	Ex	t:
Have you received chiropractic							
Are you currently under chirop	ractic care?		Yes		No		
The reason for this visit: $\Box$ $\Box$ Other							
How did you hear about our o							
We can bill your insurance as Will we be billing insurance f	or you? 🗆 Yes 🛛		ovide yo	ur sı	ıpplementa	l insu	rance info)
Name of Insurance					Phone		
Policy Number				#			
Policy Holders Name				E	Employer		
SS# of policy holder		D	ate of bi	rth _			
*Secondary Insurance or Suj	oplemental Insuran	ce if a	pplies:				
Name of Insurance					Phone		
Policy Number							
Policy Holders Name				E	Employer		
SS# of policy holder							

Haley CHIROPRACTIC Clinic 1919 N Pearl St. Suite A4 Tacoma WA 98406 ph: 253-761-0930

PLEASE CIRCLE YOUR AREA(S) OF COMPLAINT

What is your <b>PRIMARY</b> complaint? When did your symptoms start?
Describe how your symptoms began:
How often do you experience your symptoms throughout the day? Constantly (76-100%) Frequently (51-75%) Occasionally (26-50%) Intermittently (0-25%) What is the severity of your pain? Mild Moderate Severe What <b>TYPE</b> of pain and/or discomfort do you have? (Check all that apply) Sharp Dull Ache Numb Tingling Shooting Stabbing Burning "Tight" Pulling Throbbing Annoying Uncomfortable Other: Do your symptoms radiate anywhere? NO YES If yes, where?
Since the onset how are your symptoms changing?
How would you rate your pain? (Circle one) Currently: (no pain) 0 1 2 3 4 5 6 7 8 9 10 (unbearable) At its worst: (no pain) 0 1 2 3 4 5 6 7 8 9 10 (unbearable) What helps relieve your symptoms (ice, heat, massage, etc)?
What activities make your symptoms worse (working, exercise, etc)?
Have you experienced this type of pain before? NO YES If so, what helped relieve pain?
How do your symptoms affect your ability to perform activities of daily living (ADL's)? (Check one)          Not at all       Mildly (forgotten with activity)       Moderately (interferes with activity)
Limiting (prevents full activity) Severe (no activity is possible)

What activities of daily living are <b>nai</b>	nful and/or difficult to perform due to	symptoms? (Check all that apply)
Sitting for more than 10 minutes	Putting on shoes	Looking over shoulder
Sitting for more than 60 minutes	Changing positions (sit to stand)	Reaching over should a
Standing for more than 10 minutes		Gripping
Standing for more than 60 minutes		Pushing
Walking short distances	Lying on stomach	☐ Pulling
Getting in and/or out of the car	Lying on back	
Bending over forward	Coughing and/or Sneezing	Balancing
Putting on and/or taking off clothes		Squatting
Picking something off the floor	Driving	Going up and/or down stairs
Computer work	House/Yard work	Exercise/Running/Biking
		l Therapist 🗌 Massage Therapist
What tests/imaging have been perform	ned for your current symptoms? (Checl	s all that apply):
	MRI date: CT Scan	
	of complaint? NO YES If y	
Describe how symptoms began:		
When did your symptoms start?	What is the severity of your p	oain? 🗌 Mild 🗌 Moderate 🗌 Severe
How often do you experience your syn	mptoms?	
Constantly (76-100%) Freque	ently (51-75%) Occasionally (20	6-50%) Intermittently (0-25%)
What <b>TYPE</b> of pain and/or discomfor		
		ing Stabbing Burning
"Tight" "Stiff" Pulling	Throbbing Annoying Unco	mfortable Other:
How would you rate your pain? (Circl	e one)	
	1 2 3 4 5 6 7 8	9 10 (unbearable)
	1 2 3 4 5 6 7 8	
	1 2 3 4 5 6 7 8	
At its worst: (no pain) 0 General Patient Health, Social and F	1 2 3 4 5 6 7 8 Past Health History	
At its worst: (no pain) 0 <u>General Patient Health, Social and P</u> Height:	1 2 3 4 5 6 7 8 Past Health History	9 10 (unbearable) Occupation:

In the space provided please enter "C" if you <u>CURRENTLY</u> or "P" if you have had this problem in the <u>PAST</u>.

Musculoskeletal	Cardiovascular	General
Spinal Surgery	Blood Clots	Unexplained Weight Loss/Gain
Screws, Pins and/or Plates	Chest Pain or Tightness	Anemia
Muscle Spasms/Cramping	Heart Attack	Diabetes
Scoliosis	Coronary Artery Disease	Gout
Arthritis	High Blood Pressure	Cancer
Osteoporosis	Low Blood Pressure	Thyroid Disease
Slipped/Herniated Disc	Excessive Bruising	Migraines with Aura
Spinal/Extremity Fractures	Swollen Legs or Feet	Migraines without Aura
TMJ Issues	Varicose Veins	Changes in Bowel or Bladder
Hip Disorders	Leg Pain with Walking	Habits
Neurologic	Respiratory	Allergies:
Tremors	Snoring Issues	
Dizziness/Vertigo	Difficulty Breathing	
Fainting	Chronic Cough	
Epilepsy and/or Seizures	Emphysema	
Numbness/Tingling/Weakness	Spitting Blood	
Partial or Complete Paralysis	Wheezing/Asthma	
Stroke	Shortness of Breath	
Loss of Vision, Taste or Smell		
	Gastrointestinal	Women ONLY:
Eye, Ear Nose & Throat	Abdominal Pain	Currently pregnant:
Blurred or Double Vision	Irritable Bowel	Currently nursing: NO YES
Eye Pain or Vision Change	Food Sensitivities	Birth Control: $\Box$ NO $\Box$ YES
Chronic Ear Infections	Constipation	Breast implants: NO YES
Ringing in Ears	Hernia	
Sinus Problems	Loss of Bowel Control	Hormone Replacement: NO YES
Difficulty Swallowing	Appendicitis	Menopause Symptoms: NO YES

List all the surgical procedures you have had and the dates they were performed:

List all the prescriptions, over-the counter medications and nutritional supplements you are taking:

Have you been involved in previous auto/work/fall accidents? NO YES If yes; explain:

Have you been hospitalized for any previous illnesses? NO YES If yes; explain:

Is there anything else that is causing you concern, worry or stress? NO YES If yes; explain:

# **AUTHORIZATION, ASSIGNMENT & RELEASE FORM**

Patient Name\_\_\_\_\_ Date\_\_\_\_\_

I hereby authorize Haley Chiropractic Clinic to release any information deemed appropriate to my health insurance company and their affiliates, my auto insurance company and their affiliates, or my attorney and/or claims adjuster in order to process any claim for reimbursement of charges incurred.

In the event my insurance company or attorney does not pay Haley Chiropractic Clinic for services and/or product I receive. I understand that I am personally responsible to pay my account balance in full. I also understand that Haley Chiropractic Clinic will make all efforts in my favor to settle or resolve any said claim as we see fit.

In addition to the above, I waive the statute of limitations on collection in the state of WA. I agree that this authorization is irrevocable and ongoing until all monies owed are paid in full. This authorization will be in effect until revoked by both parties.

Our office is required by federal law to maintain the privacy of you Private Health Information (PHI). We will not share your PHI with other healthcare providers or persons unless you have granted us permission to do so. I hereby give permission for Haley Chiropractic Clinic to share my PHI to the following health care providers and/or persons:

For a complete description of our practice's privacy notice, please ask at the reception desk. By signing below, I acknowledge I have read and understand the above terms.

SIGNATURE

# **ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

We keep a record of the care we give you. The record also contains other health information about you. We will not discuss your health information to others unless we have your permission to do so, or unless the law allows or requires us to do so. If you have questions about your health information or want to ask about your rights, contact:

> Haley Chiropractic Clinic 1919 N. Pearl Street, Suite A4 Tacoma, WA 98406 (253)761-0930

By signing this form, you are letting everyone know that you received a copy of the Notice of Privacy Practices that explain your rights.

SIGNATURE	DATE	

IF MINOR, PARENT/GUARDIAN\_\_\_\_\_\_\_RELATIONSHIP\_\_\_\_\_\_

**Patient Information:** 

Na	me:	

Date of Birth: \_\_\_\_\_

Phone Number: \_\_\_\_\_\_ Address: \_\_\_\_\_\_

#### Introduction:

I, the undersigned, hereby consent to receiving chiropractic care and treatment from the licensed chiropractors at Haley Chiropractic Clinic. I understand that this care may include, but is not limited to, spinal adjustments, manipulations, physical therapy modalities, exercises, and other chiropractic treatments.

#### Purpose of Treatment:

The purpose of chiropractic care is to address and manage musculoskeletal conditions, alleviate pain, and enhance overall wellbeing.

#### Nature of Treatment:

Chiropractic care may involve the following:

- Spinal adjustments/manipulations
- Soft tissue therapy
- Exercise and stretches
- Postural training
- Other therapeutic modalities as recommended by the chiropractor

I understand that the chiropractic treatments may cause some discomfort or soreness as part of the healing process, which should resolve within a few days.

#### **Risk and Benefits:**

As with any form of medical treatment, there are potential risks involved, including but not limited to:

- Temporary soreness or discomfort
- Bruising or Strain
- Risk of injury due to manipulation of the spine or joints

The benefits of chiropractic care can include pain relief, improved mobility, and enhanced physical functioning. However, results are not guaranteed, and success varies from patient to patient.

#### Patient's Responsibilities:

I agree to inform my chiropractor of any medical conditions, past surgeries, or treatments that may affect my care. I also agree to follow the instructions provided for home care and exercises and to attend follow-up visits as recommended by my chiropractor. **Confidentiality:** 

All personal and medical information provided to Haley Chiropractic Clinic will be kept confidential in accordance with HIPAA (Health Insurance Portability and Accountability Act) and other applicable privacy laws.

#### Voluntary Consent:

I acknowledge that I have been provided with information regarding the treatment options available to me and the potential risks and benefits. I understand that I am free to withdraw my consent or discontinue treatment at any time, without affecting my future care.

#### Emergency Care:

In case of an emergency during treatment, I authorize the clinic to take necessary measures to ensure my safety and well-being. Acknowledgement and Signature:

By signing below, I give my informed consent to the chiropractic treatment as outlined above and agree to the terms and conditions set forth. I understand that I have the right to ask questions regarding my treatment and that I can withdraw my consent at any time.

#### Patient's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# HALEY CHIROPRACTIC CLINIC PAYMENT POLICY

#### PATIENTS WITHOUT INSURANCE OR INSURANCE THAT DOES NOT COVER CHIROPRACTIC CARE:

Patients are expected to pay for services in full at the time services are rendered. If any questions regarding these fees have not been answered please let us know and we will be happy to go over these fees with you. If payment arrangements need to be made please consult with the office manager before making an appointment A \$10.00 Service Fee may be applied to your account if your estimated portion due is not received at the time of service.

**PATIENTS WITH INSURANCE COVERAGE FOR CHIROPRACTIC CARE:** If your private insurance policy provides chiropractic benefits we will be happy to submit a claim to them for you. In accordance with our contracts with all insurance companies you are responsible for paying you portion at the time of service.

Your estimated portion will be calculated by the benefit deductibles, co-pays, and/or a specific percentage your insurance company has established for your individual policy. A billing fee may be charged to your account if payment is not received at the time services are rendered. Please discuss any need for payment arrangements with our office manager before scheduling an appointment. Please let us know if you have new insurance since your last visit. A \$10.00 Service Fee will apply if not informed at the time of service of your current insurance, and a claim needs to be reprocessed due to incorrect billing information.

\*\*\*\*\*\*IT IS THE PATIENTS RESPONSIBILITY TO KNOW THEIR OWN BENEFITS. WE MAY LOOK UP YOUR BENEFITS AS A COURTESY. THIS IS NOT A GUARANTEE OF BENEFITS AND/OR PAYMENT DUE. THIS IS SUBJECT TO ONLY THE INFORMATION AVAILABLE TO US THROUGH THE WEBSITE. THE AMOUNT YOU WILL BE CHARGE FOR SERVICES RENDERED IS BASED ON THE CONTRACT BETWEEN YOU AND YOUR INSURANCE COMPANY.

**BILLING SCHEDULE:** Statements will be mailed every other month to patients with balances due by them after all Explanation of Benefits are received from your insurance company(s). If patient payments are not received after the first notice is sent to you a billing fee may be charged to your account for every 60 days your account is past due (I.E. 90 days, 120 days). If payment from you is not made within 120 days of your first notice from our office your account may be turned over to a collections agency.

#### WORKERS COMPENSATION AND MOTOR VEHICLE COLLISION INJURIES: Please notify us if you

have been injured on the job or in a motor vehicle accident. Worker's compensation does cover necessary chiropractic treatments if your claim has been approved and is currently open. A new claim will require necessary forms to be completed by the patient and the doctor before it will be considered by the worker's compensation department. If your injury claim is not allowed it is your responsibility to pay any outstanding balances. Your auto insurance company will pay for any necessary chiropractic treatment if you had "PIP" coverage (Personal Injury Protection) included in your auto insurance policy at the time of the injury. You must file a claim with your auto insurance company and complete and return a "PIP" application to them before they will issue any payment towards your account. Workers compensation/Auto insurance policies will not cover any cost incurred by retail charges (i.e. braces, ice packs, etc).

I have read the above policies of Haley Chiropractic Clinic and fully understand that I am responsible for the payment of my account. If a minor, a parent or guardian must sign this form and be responsible for payment.

PLEASE GIVE 24 HOURS NOTICE IF YOU ARE UNABLE TO MAKE YOU SCHEDULED APPOINTMENT. NO	) SHOW
APPOINTMENTS WILL BE SUBJECT TO A \$40.00 NO SHOW FEE. PLEASE NOTIFY US OF ANY CHANGES	S TO INSURANCE,
ADDRESS, OR PHONE NUMBERS PROMPTLY.	

SIGNATURE	DATE
PATIENTS NAME	
IF MINOR, PARENT/GUARDIAN	

Haley Chiropractic, PS 1919 N. Pearl St. #A4 Tacoma, WA 98406

Today's Date \_

#### MECHANISM OF INJURY

NAME	DATE	TIME	AM PM
LOCATION	CITY		STATE
INVESTIGATED By: WA State Patrol City P	oliceCounty Police_	_Other	
Road Conditions: WETDRYICY	WEARING A SEAT	BELT YES_	NO
What type: LapShoulderBoth	Where were you seate	d in the vehicle	
Were you aware of the approaching collision	Did you lose conscion	usness	How long
How far is the top of the headrest from the top of yo	our head (approx.) inches		
Was your car stopped () Yes () No, If yes was th	e driver's foot on the bra	nke ()Yes ()	No
If no estimate the speed of the vehicle you were in:	mph		
Was the vehicle picking up speed or slowing down_			
Was it traveling at a steady rate of speed at the time	of impact () Yes () N	ompl	1
Please describe to the best of your knowledge, what	happened during this ac	cident:	
		27 A	
<u>.</u>			
	7		ч.
What type of vehicle were you in:	The type of oth	er vehicle	
Describe what part of your body hit what part of the	e inside of the vehicle		

### AUTOMOBILE INSURANCE INFORMATION

Patient's Insurance	Other Parties Insurance
Name of Insurance	Name
Address	Insurance
	Address
Claim #	
Policy Holders Name	Claim #
	Policy Holders Name
Attorney's name	Phone#
Were you issued a citation for the accident?	
Who was at-fault for the accident?	

I DECLARE THE ABOVE INFORMATION TO BE TRUE AND CORRECT.

Signature

#### NECK PAIN DISABILITY INDEX QUESTIONAIRE

This Questionnaire is designed to enable us to understand how much your neck pain has affected your ability to manage everyday activities. Please answer each section by circling the **ONE CHOICE** that most applies to you. We realize that you may feel more than one statement may relate to you, but please only circle one that best describes you right now.

t. nt. ent. the moment. han 1 hour ) urs sleepless) 2-3 hours) purs) -7 hours)	<ul> <li>SECTION 6: Personal care(Washing,Dressing,etc)</li> <li>0. I can look after myself normally without pain.</li> <li>1. I can look after myself normally, but it causes extra pain.</li> <li>2. It is painful to look after myself and I am slow and careful</li> <li>3. I need some help, but manage most of my personal care.</li> <li>4. I need help every day in most aspects of self-care.</li> <li>5. I do not get dressed; I was with difficulty and stay in bed.</li> </ul> SECTION 7: Lifting <ul> <li>0. I can lift heavy weights without extra pain.</li> <li>1. I can lift heavy weights, but it gives extra pain.</li> <li>2. Pain prevents me from lifting heavy weights, but I can not be a stable.</li> <li>3. Pain prevents me from lighting heavy weights, but I can not be a stable.</li> </ul>	
nt. ent. ent. the moment. han 1 hour ) urs sleepless) 2-3 hours) purs)	<ol> <li>I can look after myself normally, but it causes extra pain.</li> <li>It is painful to look after myself and I am slow and careful</li> <li>I need some help, but manage most of my personal care.</li> <li>I need help every day in most aspects of self-care.</li> <li>I do not get dressed; I was with difficulty and stay in bed.</li> </ol> SECTION 7: Lifting <ol> <li>I can lift heavy weights without extra pain.</li> <li>I can lift heavy weights, but it gives extra pain.</li> <li>Pain prevents me from lifting heavy weights off the floor manage if they are positioned, for example on a table.</li> </ol>	
nt. ent. ent. the moment. han 1 hour ) urs sleepless) 2-3 hours) purs)	<ol> <li>It is painful to look after myself and I am slow and careful</li> <li>I need some help, but manage most of my personal care.</li> <li>I need help every day in most aspects of self-care.</li> <li>I do not get dressed; I was with difficulty and stay in bed.</li> </ol> SECTION 7: Lifting <ol> <li>I can lift heavy weights without extra pain.</li> <li>I can lift heavy weights, but it gives extra pain.</li> <li>Pain prevents me from lifting heavy weights off the floor manage if they are positioned, for example on a table.</li></ol>	
ent. ent. the moment. han 1 hour ) urs sleepless) 2-3 hours) purs)	<ol> <li>I need some help, but manage most of my personal care.</li> <li>I need help every day in most aspects of self-care.</li> <li>I do not get dressed; I was with difficulty and stay in bed.</li> </ol> SECTION 7: Lifting <ol> <li>I can lift heavy weights without extra pain.</li> <li>I can lift heavy weights, but it gives extra pain.</li> <li>Pain prevents me from lifting heavy weights off the floor manage if they are positioned, for example on a table.</li> </ol>	
ent. the moment. han 1 hour ) urs sleepless) 2-3 hours) purs)	<ol> <li>I need help every day in most aspects of self-care.</li> <li>I do not get dressed; I was with difficulty and stay in bed.</li> <li>SECTION 7: Lifting         <ol> <li>I can lift heavy weights without extra pain.</li> <li>I can lift heavy weights, but it gives extra pain.</li> <li>Pain prevents me from lifting heavy weights off the floor manage if they are positioned, for example on a table.</li> </ol> </li> </ol>	
the moment. han 1 hour ) urs sleepless) 2-3 hours) purs)	<ol> <li>I do not get dressed; I was with difficulty and stay in bed.</li> <li>SECTION 7: Lifting         <ol> <li>I can lift heavy weights without extra pain.</li> <li>I can lift heavy weights, but it gives extra pain.</li> <li>Pain prevents me from lifting heavy weights off the floor manage if they are positioned, for example on a table.</li> </ol> </li> </ol>	
han 1 hour ) urs sleepless) 2-3 hours) purs)	<ul> <li>SECTION 7: Lifting</li> <li>0. I can lift heavy weights without extra pain.</li> <li>1. I can lift heavy weights, but it gives extra pain.</li> <li>2. Pain prevents me from lifting heavy weights off the floor manage if they are positioned, for example on a table.</li> </ul>	
urs sleepless) 2-3 hours) ours)	<ol> <li>I can lift heavy weights without extra pain.</li> <li>I can lift heavy weights, but it gives extra pain.</li> <li>Pain prevents me from lifting heavy weights off the floor manage if they are positioned, for example on a table.</li> </ol>	but I can
urs sleepless) 2-3 hours) ours)	<ol> <li>I can lift heavy weights, but it gives extra pain.</li> <li>Pain prevents me from lifting heavy weights off the floor manage if they are positioned, for example on a table.</li> </ol>	but I can
urs sleepless) 2-3 hours) ours)	<ol> <li>Pain prevents me from lifting heavy weights off the floor manage if they are positioned, for example on a table.</li> </ol>	but I can
2-3 hours) ours)	manage if they are positioned, for example on a table.	but I can
2-3 hours) ours)	manage if they are positioned, for example on a table.	
ours)		
		nanage
	light to medium weights if positioned correctly.	
	4. I can lift very light weights.	
	5. I cannot lift or carry anything at all.	
	SECTION 8: Driving	
o neck pain.	0. I can drive without any neck pain.	
ight neck pain.	1. I can drive my car with slight neck pain.	
oderate pain.	2. I can drive my car with moderate neck pain.	
se of moderate pain.	3. I cannot drive my car with moderate neck pain.	
evere neck pain.	4. I can hardly drive with severe neck pain.	
re neck pain.	5. I cannot drive my car at all.	
	SECTION 9: Recreation	
with no difficulty.	0. I am able to engage in all activities with no neck pain.	
fficulty.	1. I am able to engage in activities with slight neck pain.	
centrating.	2. I am able to engage in most activities but not all.	
ng when I want to.	3. I am able to engage in a few activities because of pain.	
entrating.	4. I can hardly do any activities due to pain in my neck.	
	5. I cannot do any recreational activities at all.	
	SECTION 10: Headaches	
without pain.	0. I have no headaches at all.	
k, but no more.	1. I have slight headaches with comes infrequently.	
no more.	2. I have moderate headaches with comes infrequently.	
	3. I have moderate headaches with comes frequently.	
	4. I have severe headaches	
	5. I have headaches almost all the time.	
	ight neck pain. oderate pain. se of moderate pain. evere neck pain. re neck pain. with no difficulty. fficulty. centrating. ng when I want to. entrating. without pain. k, but no more.	oneck pain.0.I can drive without any neck pain.ight neck pain.1.I can drive my car with slight neck pain.oderate pain.2.I can drive my car with moderate neck pain.se of moderate pain.3.I cannot drive my car with moderate neck pain.severe neck pain.4.I can hardly drive with severe neck pain.severe neck pain.5.I cannot drive my car at all.with no difficulty.0.I am able to engage in all activities with no neck pain.fficulty.1.I am able to engage in all activities but not all.g when I want to.3.I am able to engage in a few activities because of pain.entrating.3.I can hardly do any activities due to pain in my neck.sectrion0.I have no headaches at all.without pain.1.I have moderate headaches with comes infrequently.s.1.I have moderate headaches with comes infrequently1.I have moderate headaches with comes frequently1.I have severe headaches

NAME:DATE:S	CORE:
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#### LOW BACK PAIN DISABILITY INDEX QUESTIONAIRE

This Questionnaire is designed to enable us to understand how much your back pain has affected your ability to manage everyday activities. Please answer each section by circling the **ONE CHOICE** that most applies to you. We realize that you may feel more than one statement may relate to you, but please only circle one that best describes you right now.

SECTION 1: Pain Intensity		SECTION	SECTION 6: Personal Care	
0.	The pain comes and goes and is very mild.	0.	I do not have to change my personal care routine.	
1.	The pain is mild and does not vary much.	1.	I do not change my personal care routine even with pain.	
2.	The pain come and goes and is moderate.	2.	My personal care routine increases with pain.	
3.	The pain is moderate and does not vary much.	3.	My personal care increases with pain but change my way of	
4.	The pain come and goes and is very severe.		doing it.	
5.	The pain is severe and does not vary much.	4.	I am unable to do some personal care due to pain.	
		5.	Because of pain I am unable to do any personal care.	
SECTION 2: Sleeping		SECTION	I 7: Lifting	
0.	I get no pain in bed.	0.	I can lift heavy weights without pain.	
1.	I get pain but do not prevent me from sleeping.	1.	I can lift heavy weights but it causes pain.	
2.	Because of pain, my sleep is reduced by 25%	2.	Pain prevents me from lifting weights off the floor.	
3.	Because of pain, my sleep is reduced by 50%	3.	Pain prevents me from lifting but I can manage.	
4.	Because of pain, my sleep is reduced by 75%	4.	I can only lift light to medium weight.	
5.	Pain prevents me from sleeping at all.	5.	I cannot lift any weight at all.	
SECTION	N 3: Sitting:	SECTION	I 8: Traveling	
0.	I can sit as long as I like with no pain.	0.	l get no pain traveling.	
1.	I can sit in my favorite chair as long as I like.	1.	I get some pain traveling.	
2.	Pain prevents me from sitting for more than 1 hour.	2.	I get extra pain traveling but it does not compel me to seek	
3.	Pain prevents me from sitting for ½ hour.		alternative forms of travel.	
4.	Pain prevents me from sitting for more than 10 mins.	3.	I get extra pain which compels to me seek other form of travel.	
5.	Pain prevents me from sitting at all.	4.	Pain restricted all forms of travel.	
		5.	Pain prevents me from all forms of travel.	
SECTION	N 4: Standing	SECTION	I 9: Social Life	
0.	I can stand all long as I want with no pain.	0.	My social life is normal and gives me no pain.	
1.	I have some pain while standing but does not increase.	1.	My social life is normal but increases with pain.	
2.	I cannot stand longer than 1 hour.	2.	Pain has no significant effect on my social life.	
3.	I cannot stand longer than ½ hour.	3.	Pain has restricted my social life and I do not go out often.	
4.	I cannot stand longer than 10 mins.	4.	Pain has restricted my social life to my home.	
5.	I avoid standing because pain increases immediately.	5.	I have hardly any social life due to pain.	
SECTION 5: Walking		SECTION	I 10: Changing Degree of Pain	
0.	I have no pain while walking.	0.	My pain is rapidly getting better.	
1.	I have some pain while walking but does not increase with	1.	My pain fluctuates but overall is definitely getting better.	
	distance.	2.	My pain seems to get better but improvement is slow.	
2.	I cannot walk more than 1 mile without pain.	3.	My pain is neither getting better nor worse.	
3.	I cannot walk more than ½ mile without pain.	4.	My pain is gradually getting worse.	
4.	I cannot walk more than 10 min without pain.	5.	My pain rapidly worsening.	
5.	I cannot walk at all without increasing pain.			

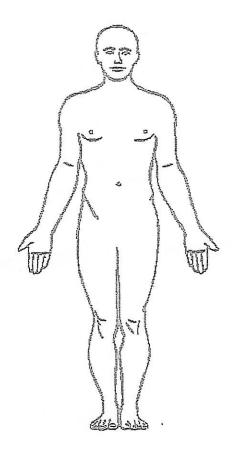
NAME:\_\_\_\_\_\_DATE:\_\_\_\_\_SCORE:\_\_\_\_\_

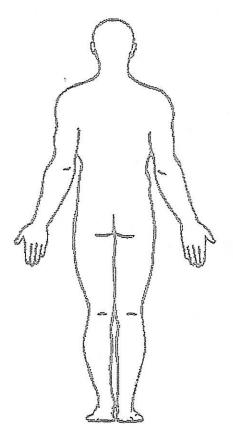
### HALEY CHIROPRACTIC CLINIC 1919 N Pearl. St., #A-4 Tacoma, WA 98406 (253) 761-0930

## **Review of Symptoms**

Indicate on the drawing where you are having symptoms of:

B- Burning S- Stabbing A-Aching N- Numbness P- Pins & Needles sensation X-Pain





Name	 Date		
Your weight	Height		